

Cabinet

3/12/ 2013

Report from the Health and Overview Scrutiny
Committee

**Cover Report for Final Report on the Community Mental Health & Care
of Young People Scrutiny Review**

Summary

1. This report sets out the recommendations arising from the Scrutiny Review into Community Mental Health & Care of Young People. A copy of the full final report is at Appendix 1 to this report and Councillor Funnell, the Chair of the Task Group which undertook the work around this topic, will be in attendance at the December Cabinet meeting to present the report.
2. Cabinet are asked to consider the recommendations arising from the review.

Background

3. At a meeting in July 2012, the Lead Clinician from the Child and Adolescent Mental Health Service (CAMHS), the Service Manager for the Youth Offending Team and the Assistant Director for Children's Specialist Services at City of York Council presented the Health Overview and Scrutiny Committee (HOSC) with an introductory briefing on Community Mental Health Services in Care of Adolescents (particularly boys). The Committee agreed to proceed with a review and set up a Task Group to carry out the work based on the following aim and objectives.
4. The aim was to raise awareness of emotional and mental health issues for young people, and the services and interventions available, with a view to ensuring that the wider children's workforce are well informed and equipped to identify and respond to children and young people with emotional problems and/or emerging mental health issues.

Review Recommendations

5. Over a series of meetings the Task Group gathered the evidence that is set out in Appendix 1 and its associated annexes. This led to the following recommendations being made.
 - (i) That secondary schools in the area be requested and strongly encouraged to introduce the Mental Health School Charter, setting out what strategies, resources and support systems were in place to help pupils, carers and support staff identify and cope with emerging emotional or mental health issues;
 - (ii) Whilst fully endorsing the YorOK Child & Adolescent Mental Health Draft Strategy 2013-16 and its vision and aims, the Assistant Director for Children's Specialist Services provide a final draft of the Strategy Action Plan to the Board in Autumn 2013, taking account of the overall recommendations and findings from this review and drawing out the issues surrounding stigmatisation and equalities, as well as signposting where there is evidence of serious mental health problems ;
 - (iii) That all providers of the Emotional Literacy Support Assistants Programme (ELSA) be actively encouraged to support the Conference being organised in the Spring Term for 2014, in line with the Targeted Mental Health in Schools (TaMHS) Project, to promote and deliver a preventative strategy for addressing mental health needs in schools; and
 - (iv) That:
 - (a) The potential benefits in the widespread adoption of the Mental Health Toolkit throughout York secondary schools be openly recognised and supported, to help schools respond to children and young people's emotional and mental health needs.
 - (b) Whilst acknowledging the financial costs involved for schools in reproducing the Toolkit, all secondary schools in York be actively encouraged to adopt it and officers explore ways to support those schools in doing this.

Consultation

6. To help with the review a series of consultation meetings were held with Officers across the Council; the Lead Clinician for the Child and Adolescent Mental Health Strategy 2013-16; CYC Youth Offending Team Service Manager; Head Teachers and Pastoral Care Leads; School Nurses and a member of York Youth Council.

Analysis

7. The final report attached at **Appendix 1** contains a full analysis of the information gathered in support of the review.

Council Plan

8. This review is directly linked to the Protect Vulnerable People element of the Council Plan 2011-2015

Implications

9. There are no implications associated with this report. Any implications arising from the recommendations in the final report are set out in Paragraph 87& 88 of **Appendix 1**.

Risk Management

10. There are no risks associated with the recommendation in this report.

Options

11. Having considered the final report at **Appendix 1** and its associated annexes, Cabinet may choose to amend and/or approve or reject the recommendations arising from the review as set out on paragraph 5 of this report.

Recommendations

12. Taking into consideration all of the information contained within the attached draft final report and its annexes, Cabinet is recommended to:
 - i. Approve the recommendations arising from the review, as shown in paragraph 5 above.

Reason: To conclude their work on this review in line with Scrutiny procedures and protocols.

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Report
Approved



Date 31 Oct 2013

Wards Affected:

All

For further information please contact the author of the report

Annexes

Appendix 1: Final Report